Interstride

We are here to empower employers to attract, hire, and retain international students and alumni.

interstride.com/us-employers

Schedule a call with us to access the following:
- Complete guide and resources to hire international students
- Free 30-minute consultation with our partner attorney at Fragomen
- Support for alternatives to H-1B work visa to retain your international employees
- Our network of 150 institutions and 80,000+ students

We are here to support you along the international student hiring and retention process

Interstride can support

**AUTHORIZED TO WORK**

- Internship
- CPT
- Full-time job
- OPT 1 year
- OPT STEM-extension (only for STEM majors) 2 years

**SPONSORSHIP REQUIRED**

- H-1B 3-6 years
  - Green card
    - Permanent residence
  - U.S. citizen

**ALTERNATIVES TO H-1B SPONSORSHIP**

- Relocate to Canada
- Relocate to global office
- Remote work anywhere in the world
- Relocate back to the U.S. on L-1 after a year abroad
Interstride is an interactive portal supporting international students in their job search, immigration journey, and community building.

- Search for employers with the best historic record of hiring international students
- Find jobs and internships in the U.S. and beyond
- Improve your career readiness with resources and webinars.

We are here to support you in your career journey in the U.S. and beyond.

<table>
<thead>
<tr>
<th>PURSUING DEGREE</th>
<th>Student</th>
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<tbody>
<tr>
<td>INTERNSHIP</td>
<td>CPT</td>
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<tr>
<td>FULL-TIME JOB</td>
<td>12-month OPT</td>
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</tbody>
</table>

STEM major?

YES

- 24-month OPT extension
  - YES
    - H-1B Sponsorship & Approval
      - YES
        - H-1B (3-6 years)
          - YES
            - Green card
          - NO
            - US citizen
  - NO

NO

Alternatives

- Relocate to Canada (STEM majors)
- Relocate to international office
- Pursue higher-education
- Work in home country or another country